

Triathlon Info A

1. Competition Management

a. Technical committee

- i. Each Sport has a Technical Committee which is responsible for the Competition and leads the Technical Meeting
- ii. The Secretary of the Technical Committee for Triathlon is:
Mr. Ian Brand
E mail: brandy@manx.net

b. Rhodes 2007 Competition Management Team

i. Team description:

Triathlon Coordinator: Lefteris Botsaris
Email: lbotsaris@rhodes2007.info
Mobile: +306948750377

2. Rules

- a. IF rules. The Competition of all sports at the Rhodes 2007 NAT WEST ISLAND GAMES will follow the International rules set by the respective International Federation. The IF rules for Triathlon can be read in the website under the address: www.competitions.org
- b. By laws. According to the IGA Constitution separate rules for the Island Games are written and revised by the Technical Committee after the end of the last Island Games Competition. The IGA Executive Committee is responsible to approve any changes. The finals bylaws approved for the Rhodes 2007 NatWest Island Games and were published in October 2006 by IGA are:

Triathlon By-laws

1 Competition Rules

- 1.1 The event will be held under International Triathlon Union (ITU) rules, unless otherwise amended or varied by these bye-laws and those of the governing body of the host island.
- 1.2 All competitors must hold a current racing licence, endorsed for overseas/international competition where applicable i.e. when competing outside their own governing bodies jurisdiction, issued by their national governing body who should be affiliated to or be recognised by the International Triathlon Union.
- 1.3 The minimum age shall be as laid down in the ITU regulations.
- 1.4 Male and female competitors shall compete on equal status.

2 Competition Events

- 2.1 Swimming 1500m
Cycling 40km
Running 10km

3 Island Representation

- 3.1 An Island team will consist of 10 competitors, either all male or female or mixed. e.g. 5 men & 5 women giving a male and female team or 9 men & 1 women giving a men's team and 1 female competitor for the women's individual event. The format of the team is left to the discretion of participating islands

4 Competition Format

- 4.1 The first 3 men and first 2 women of each team to finish shall count in their separate team event.
- 4.2 The finishing position of the teams shall be decided by the aggregate times of the counting competitors of each team.
- 4.3 Single entries will count for the individual event only.
- 4.4 Teams of larger than 3 men and 2 women competitors need not nominate who is competing in the team race.

5 Competition Officials

- 5.1 The Race Organiser
Qualified Race referee
Drafting Commissars (according to field size).
Timekeeper
- 5.2 Race Officials e.g. Draftbusters and Referee should be independent and be drawn from outside the Island Games Membership.



3. Competition Facilities

a. Description:

The Triathlon Competition will be held in the centre of Rhodes Town at the Nautical Club Facilities. Swimming will be held in the Sea at "Elli" beach next to the Nautical Club Facilities. Athletes will start directly from the beach with no platform. The water temperature at that time of the year is between 24C - 26C. The running course is in the centre of Rhodes City and the cycling circuit also. The map is available in the Traithlon page.

4. Competition Clothing

No body suits will be needed for swimming due to the high temperature of the water (24C-26C)

5. Extra Services

- a. There will be water stations throughout the course which will provide water and sponges for the athletes.
- b. In order to provide our participating islands the best possible service, there will be a weather forecast distributed the day of competition at the games office at the venue and at the Sports Information Centre.

6. Transportation

Transportation during the Rhodes 2007 NatWest Island Games is organized and provided, to accredited persons, by the Organising Committee. Transportation services begin for the arrival of the teams until their departure. Officially, the transportation to the Venues and the Games Village will start on the 29 July until the 6 July 2007. A transport plan has been organized and includes Transport from and to the Airport, four Shuttle Bus lines, direct transport to venues as well as direct transport to venues not included in the shuttle lines. The organising committee will try to fulfill all transport needs to and from the venues according to the needs of each Sport.

7. Sport Party

It is tradition in the Island Games history that each sport does its own separate party. Following you can find the schedule of the sports party. The party for Triathlon is scheduled for Tuesday 3 July 2007 at 21:00.

8. Test Event

For the best preparation of the Rhodes 2007 NatWest Island Games the Organising Committee will cooperate with the local sport organisations to organise events to test the planning of the Games. In the last weekend of May the National Federation in cooperation with the Organising Committee will organise a National Race which is included in the National Federation Calendar.

